



Tomato, Basil, and Cucumber Balsamic Salad Recipe

The Ingredients:

- 2 cups of chopped Cucumbers
- 1 cup of cherry tomatoes
- 1/4 cup of sliced basil
- 1 tablespoon of avocado oil
- salt and pepper
- 1/4 cup of cubed mozzarella
- 1 tablespoon of balsamic vinegar or balsamic glaze

Instructions:

- 1.) Wash vegetables. Chop cucumbers. Slice basil length wise.
- 2.) Add all ingredients in a bowl and add oil and balsamic vinegar/glaze.
- 3.) Toss together until all pieces are well covered and saturated.
- 4.) Best to eat fresh!

1 serving or 3-4 (1/4 cup) servings

