

# *Dragonfruit "Acai" Bowl*

## *Recipe*

### **The Ingredients:**

#### **Panna Cotta:**

- 2 oz of Frozen Dragonfruit (or fresh)
- 1 peeled and sliced kiwi
- 1 large banana
- 1 tablespoon of honey
- 1/2 cup of dairy free yogurt (Paleo)
- 1/4 cup of shredded Coconut
- Almonds or Mixed Nuts of choice for topping

### **Instructions:**

- 1.) Blend frozen dragonfruit, banana, yogurt and honey in blender til a smoothie consistency, but a touch thicker.
  - 2.) Top bowl with shredded coconut, nuts and sliced kiwi.
- 1 serving

ENJOY!

