

Paleo Sliced Beet Avocado Salad Recipe

The Ingredients:

- **1 Sliced Beet**
- **1 Sliced Avocado**
- **Pinch of Salt and Crushed Black Pepper**
- **Drizzle of Olive oil**
- **Slice of Lemon Juice**

Add-on:

- **Sprinkle with Almonds or Pine nuts**

Instructions:

- 1.) Wash and thinly slice beet and avocado. Easier with a mandolin for thin slices, but please use with caution! Avocado can be very slippery.
- 2.) Pinch of salt and crushed black pepper.
- 3.) Squeeze lemon juice over sliced beets and avocado.
- 4.) Drizzle olive oil over top.

ENJOY!

