

# *Pear, Pomegranate, Brie and Mixed Greens Salad Recipe*

## **The Ingredients:**

- 1 large pear
- 1/4 cup of shelled pomegranate
- 2 cups of mixed greens
- 1/4 cup of shredded red cabbage
- 2 oz of brie
- Walnuts or Nuts of choice for topping

## **Ginger Vinaigrette Dressing:**

- 1/2 cup of extra virgin olive oil
- 1 tsp of salt
- 1 tsp of black pepper
- 1 tsp of thyme
- 1 tablespoon of Dijon mustard
- 2 teaspoons of Organic Apple Cider Vinegar
- (Whisk and Combine, til Emulsion Suspension is complete)

## **Instructions:**

- 1.) Wash and thinly slice pears.
- 2.) Either buy already shelled pomegranate or buy 1 large pomegranate cut in half and tap pomegranate seeds out.
- 4.) Wash mixed greens. Wash and shred red cabbage.
- 5.) Toss greens, red cabbage, pomegranate, pears in vinaigrette and top with torn pieces of brie and nuts.

ENJOY!

