



Paleo Shredded Salmon and Kale Salad Recipe

The Ingredients:

- 1 cup of shredded kale
- 4 oz of salmon fillet
- 1 cup of shredded red cabbage
- 1 cup of thinly sliced fennel
- 1 cup of cherry tomatoes
- 1 cup of thinly sliced jicama
- Pinch of salt and crushed black pepper
- 1 slice of lemon

Instructions:

- 1.) Season salmon fillet, with salt & black pepper. Pan cook salmon fillet in oil of choice. When salmon is fully cooked and cooled. Go ahead and shred.
- 2.) Combine washed shredded kale, red cabbage, cherry tomatoes, and sliced jicama into a big bowl.
- 3.) Dress salad with lemon juice. Top with shredded salmon.
- 4.) Add favorite Paleo dressing!

ENJOY!

