

Paleo Breakfast Cereal Recipe

The Ingredients:

- **1/4 cup of Organic Shredded Coconut**
- **1/4 cup of Raw Almonds**
- **1/4 cup of Raw Macadamia Nuts**
- **1/4 cup of Dried Organic Fruit of your choice (this will add to the sugar content)**
- **1 pinch of salt**
- **1/2 teaspoon of cinnamon**
- **1 tablespoon of coconut oil**

Instructions:

- 1.) Pre-heat oven to 350°F degrees.
- 2.) Mix all dry ingredients and seasoning into a bowl.
- 3.) Add melted coconut oil into dry ingredients.
- 4.) Spread mixture onto a baking sheet.
- 5.) Bake for 10-15 minutes till shredded coconut is toasted, be careful so that it does not burn.
- 5.) Put into sealed container to enjoy for the week.
- 6.) Add to your favorite nut-milk.

Makes about 4-5 cups of cereal

Enjoy!

